

INSIDER THREATS



Insiders are an oft-neglected type of cyber threat. Most cyber threats try to gain unauthorized access to information: insider threats come from people who have authorized access to that information (i.e. insiders). Any insider can potentially put your data at risk. Learn about the red flags to look for and the strategies you can use to keep your business safe.



RED FLAGS

Signs that a user might be a malicious or disgruntled threat can include the following examples:

- **Remotely accesses the network at odd hours or during sick time / vacation**
- **Working at odd times without authorization**
- **Creating unnecessary copies of work material**
- **Expressing interest in matters outside the scope of their duties**
- **Showing signs of substance abuse, financial or mental health issues, gambling, hostile behavior, or illegal activity**



Preventative Employee Strategies

For you as an employee, you can do the following:

- **Pay attention to your stress load and workload: if it is high, make sure not to compromise security for speed**
- **Keep up with your company's data protection procedures: you can only do your due diligence if you know what it is**
- **Identify awkward processes and improve them: smoother workflows translate to stronger security**
- **Don't bite off more than you can chew: make sure you can perform your workload thoroughly and securely**